FLORIDA NETWORK

of youth and family services

2016 ANNUAL REPORT

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www.FloridaNetwork.org

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FLORIDA NETWORK
of Youth and Family Services

OUR MISSION

The Florida Network values young people and therefore creates safe pathways to their future by building strong families and communities.

OUR VISION

Florida will be a safe place where all young people reach their full potential.

OUR CORE VALUES

FAMILY: We are committed to keeping youth and families together and to strengthening family systems.

QUALITY: We are dedicated to ensuring the highest standards of practice within our programs and our organization.

YOUTH DEVELOPMENT: We value young people as vital resources and partners in finding solutions. We cultivate a young person's strengths and assets in all of our programs and services.

SAFETY AND SUPPORT: We believe prevention and early intervention services are powerful, not only in keeping young people from committing crimes and families from being unsafe, but as catalysts for youth to realize their full potential and make a successful transition to adulthood.

We value the collective wisdom, energy and expertise that working together as member agencies affords us in striving toward our vision, adhering to our mission and reaching our common goals.

We believe the whole is always greater than the sum of the parts in making Florida a safer place for children and their families.

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FROM THE CHAIRMAN & THE PRESIDENT

Dear Friends,

From left to right: New Board Chairman Don Eslinger, President Stacy Gromatski, immediate past chairman Chris Dudley and DJJ Secretary Christy Daly.

Reflecting on all that we accomplished this past year, it is clear that the people who make up the Florida Network of Youth and Family Services are truly committed to our core values of Family, Quality, Youth Development, Safety and Support. This year was a year of growth for the Network; we expanded programs, found new partnerships, and offered more opportunities for training and learning than ever before. We were truly inspired by our member's work to attend countless trainings, seminars, and meetings; applying the skills and practices to improve the services to Florida's youth and families in crisis. Through the support of the Department of Juvenile Justice, elected officials, and our partners around the state and across the globe, we blazed new trails in our quest to bring the right services to families at the right time. Some of the accomplishments that we are most proud of this past year include:

- Executive and Legislative advocacy lead to funding for the expansion of CINS/FINS services.
- Implementing the Stop Now and Plan (SNAP) program, a Canadian evidence based intervention program for youth 6-11 and their families at four sites statewide.
- Produced 130 training events statewide where over 2,000 Florida Network members were trained. Network members completed over 10,000 hours of training in 2015-2016!
- Establishing a partnership with WHY TRY, a multi-level evidence-based program designed to empower and motivate youth to be resilient, all agencies received WHY TRY training and materials.
- Hosting the first ever Florida Network Executive Leadership Retreat with distinguished guest, retired Lieutenant General Russel L. Honore', 33rd commanding general of the U.S First Army at Fort Gillem, Georgia as the keynote speaker.
- Hosting a statewide summit for nurses employed by the Florida Network of Youth and Family Services member agencies and users of the Pyxis Medication Cart to discuss the impact nurses and medication carts have had in helping identify health issues in shelters.
- Hosting the first ever Clinician's Retreat where clinicians from member agencies discussed topics affecting youth in crisis and received training on identifying symptoms of anxiety disorders.
- The Florida Network's Non-Residential programs participated in their first Quality Improvement cycles and established a regular meeting at QIC.
- Preparations began to celebrate the Florida Network's 40th Anniversary, we look forward to coming together to reflect on 40 years of service and support to runaway, homeless, truant, and at risk youth.

Stacy Gromatski
President

Don Eslinger
Board Chairman

SERVICES

"Sheltering" Youth and Families in Crisis

Often youth and families in crisis need shelter from their troubles. When the challenges become overwhelming the frequent results are child abuse, academic failure, domestic violence, homelessness, and juvenile delinquency. The Florida Network is a statewide association of organizations who exist to prevent such disastrous results and to provide "shelter from the storm." These organizations are made up of caring professionals who provide numerous services such as community outreach, emergency triage and assessment, crisis shelter and family counseling.

CINS/FINS: Children and Families in Need of Services

Residential Services:
Florida Network shelters offer crisis intervention for families and a safe place to stay for youth 24 hours a day, 7 days a week, every day of the year. We work with families to reunify through counseling services offered by clinical professionals, a therapeutic environment, and coordination with local partners.

Counseling and Case Management:
Network members provide community based outpatient counseling services to youth and families who are experiencing conflict and instability in the home. This early intervention helps to facilitate communication between the youth and their parents or guardian, to deter destructive behavior before it's too late.

CINS/FINS counseling programs are provided in communities where some of Florida's most marginalized youth and families live. Individual, Family, and Group sessions are available to young people, parents, and guardians, free of charge. Programs utilize evidence-based approaches like Cognitive Behavioral Therapy and Trauma-informed Care to help youth and families survive crisis and thrive beyond it.

Many of the Network's CINS/FINS community counseling partners are minority operated and faith-based programs that are long-invested in the communities they serve, providing a trusted and welcoming culture of care.

Staff Secure:
Sometimes a higher level of supervision is necessary to help a youth stay safe and stable during a shelter stay. In these instances member agencies implement this Staff Secure model which provides for a one-to-one staff to youth ratio.

Physically Secure:
In rare circumstances, utilization of a physically secure program environment may be necessary. The Florida Network provides this through contracted agreements with specialized Adolescent Mental Health Treatment Centers.

Juvenile Justice Respite Programs

Domestic Violence Respite:
This program serves as an alternative to secure detention for youth who are arrested and charged with a Domestic Violence Offense on a household member. The Network office coordinates statewide oversight, assistance and training to the member agencies to better support this population of youth.

Probation Respite:
This program provides a respite to youth who are at-risk of violating their probation, through this intervention youth are encouraged to make positive choices through the services offered at the member agencies.

Stop Now and Plan (SNAP)

The SNAP Program serves as a "front-end" resource to the Department of Juvenile Justice, Office of Prevention, for at-risk youth ages 6-11 and their families. Each SNAP program provides high-risk youth and their families strategies to increase pro-social skills that will help the youth stay in school and out of trouble by making better choices throughout the 13-week program. Youth and their families participate in engaging activities such as group discussions, role-playing, interactive games and self-reflection to address topics including dealing with anger, learning how to cope and practice self-control, engaging in problem solving and learning not to bully and how to prevent bullying.

2015-2016 A YEAR OF GROWTH

The Florida Network agencies had a year of tremendous growth! With over 130 training events statewide, over 2000 individuals were trained in over 25 courses designed to continue offering quality services and support to Florida's youth and families. Florida Network members completed 10,000 hours of training!

The Florida Network team crossed the state visiting 25 programs last year! Our wonderful Board of Directors visited two programs and our Quality Improvement Committee Meeting attendees participated in two shelter tours.

On February 10, 2016 the Florida Network's member agencies participated in Hill Day at the Florida Capitol. Executive directors met with their legislators to discuss the prevention services they provide to at risk youth in their communities.

This year the Florida Network, in conjunction with the Department of Juvenile Justice implemented the Stop Now And Plan (SNAP) Program in four cities statewide. SNAP is an evidence-based cognitive behavioral intervention developed from the Child Development Institute (CDI) based out of Toronto, Canada. The SNAP model provides a framework for teaching children and their parents effective emotional regulation, self-control and problem-solving skills. The Florida Network agencies that implemented the program were CDS Family & Behavioral Health Services in Gainesville, Youth Crisis Center (YCC) in Jacksonville, Capital City Youth Services (CCYS) in Tallahassee and Orange County Youth and Family Services in Orlando. SNAP facilitators and volunteers went through hours of training and worked hard to recruit referrals to serve young boys 6-11 years old, their siblings and parents. The four sites completed 10, 13-week cycles and served 79 children in just six months! The Florida Network and our partners look forward to continuing to expand this program now serving boys and girls.

PROGRAM TRAINING

The Florida Network partnered with WHY TRY, a nationally recognized evidence based program with innovative practices for serving at risk youth. Over 600 member agency staff members were trained in four levels of the WHY TRY curriculum. Agencies were able to implement the unique multisensory approach in their residential and nonresidential programs.

Attendees also participated in an outing to Wakulla Springs, where they enjoyed a boat ride on the Wakulla River.

The Florida Network hosted two special training events for the first time last year. We welcomed clinicians from our member agencies in Tallahassee for the first ever Clinician's Recharge event. The training delved deeper into specialized topics that deeply affect the youth we serve. Dr. Norman B. Schmidt, a distinguished research professor in the Department of Psychology at Florida State University, presented on Understanding and Treating Anxiety Disorders. Attendees were able to share their experiences identifying anxiety in the youth we serve and exchange different methods and tools for coping with anxiety.

We also hosted the first ever Executive Leadership Retreat! Attendees of this special retreat attended workshops focused on equipping Human Resource officers, Chief Financial Officers, and Executive Directors with new tools and information.

The retreat culminated in an engaging keynote from Lieutenant General Russel L. Honore', US Army (Ret) on the Culture of Preparedness. Lt. General Honore' led Task Force Katrina in the aftermath of the devastating hurricanes that struck the Gulf Coast in the summer of 2005. Lt. General Honore reminded attendees to "do the routine things well" and inspired them to continue fighting for Florida's at risk youth.

IMPACT

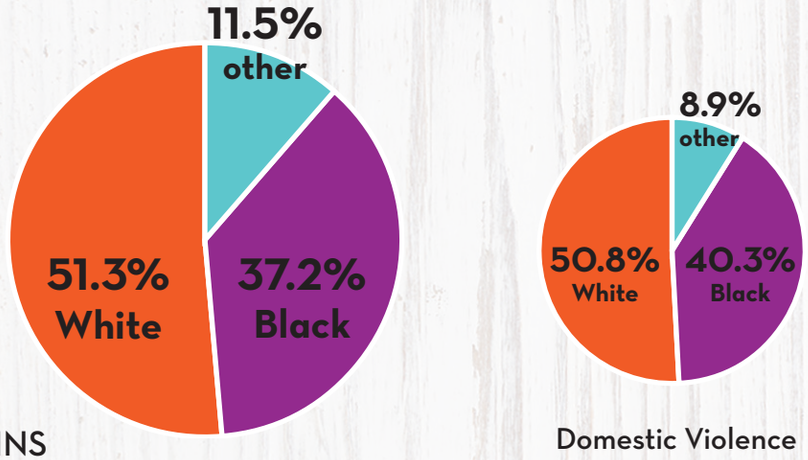
29 community nonprofits including 28 shelters

YOUTH SERVED

17,372

CINS/FINS:	16,361
Domestic Violence Respite:	684
Probation Respite:	57

RACE



CINS/FINS

Domestic Violence Respite

ETHNICITY

Program Type	Hispanic	Non-Hispanic	Other
CINS/FINS	21%	74%	5%
Domestic Violence Respite	46.6%	45.8%	7.6%

YOUTH RETURNED TO PARENT

or other appropriate living situation

CINS/FINS	93%
Domestic Violence Respite	81%

Changing Lives—Everyday

FY 2015-2016

GENDER

Program Type	Male	Female
CINS/FINS	55%	45%
Domestic Violence Respite	51.5%	48.5%

AVERAGE LENGTH OF STAY

Residential:	14	days
Non-Residential:	104	days
Domestic Violence Respite:	8	days

RISK FACTORS OF YOUTH SERVED

Face Challenges at School	87.0%
Experiencing Family Conflict and Instability	95.9%
Engaging in Risky School Behaviors	74.1%
Have Peer Relationships Putting Them at Further Risk	83.8%

AVERAGE AGE AT INTAKE

Program Type	Age (Yrs.)
CINS/FINS	14
Domestic Violence Respite	15

OUTCOME

Changing Lives—Everyday

24,269 CALLS FOR HELP

COUNSELING AND CASE MANAGEMENT

Delivered to 11,098 Youth and their Families

SAFE SHELTER & BRIEF RESPITE PROVIDED to

5,250 Teens and their Families

2,451
OUTREACH EVENTS
Across the State

80,209
TOTAL CARE DAYS

COMPLETED SERVICES

Residential:	**93%**
Non-Residential:	**96%**
Domestic Violence Respite:	**91.1%**

CRIME-FREE SIX MONTHS AFTER SERVICES

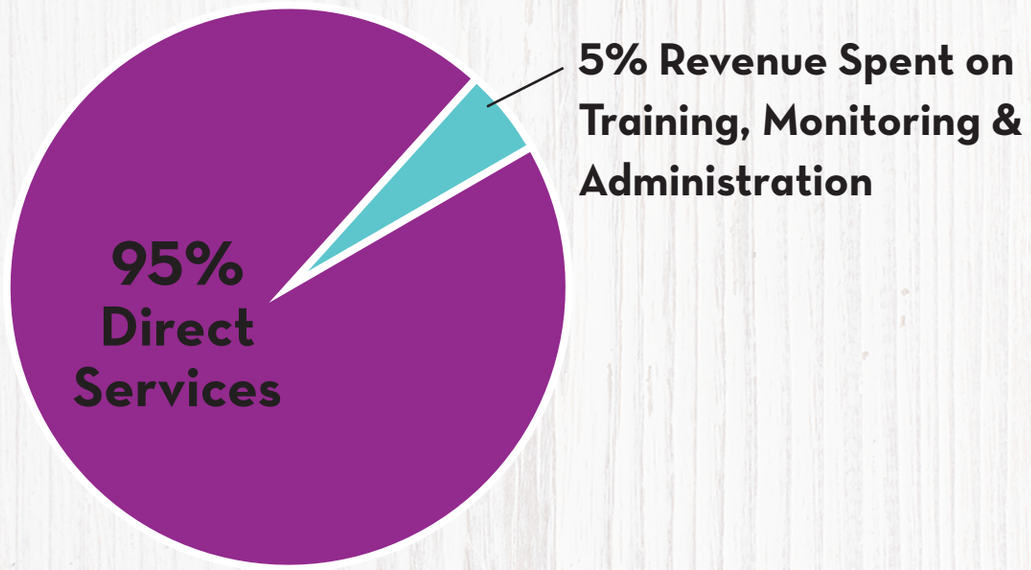
Residential: 86% **Non-Residential: 96%**

FINANCIALS

SUPPORT AND REVENUE

DJJ Contract	
CINS/FINS	$ 35,086,605
Title IVE	$ 749,990
Respite	$ 1,368,900
Nongovernmental	$ 340,421
TOTAL SUPPORT AND REVENUE	$ 37,545,916

DJJ Funds	$ 37,205,495
Nongovernmental	$ 340,421
TOTAL EXPENSES	$ 37,545,916



ANNUAL MEETING

Our 2016 Annual Meeting was a wonderful celebration of leaders who are dedicated to bettering the lives of Florida's youth and families. Winners were recognized at the Annual Meeting Awards Luncheon on May 26, 2016. Department of Juvenile Justice Secretary, Christy Daly was in attendance to help present awards and congratulate winners. A celebration in recognition of our immediate past chairman, Chris Dudley was also hosted. His incredible leadership and dedication in his role as chairman from 2012-2015 furthered the mission of the Florida Network to build strong families and communities.

Above: Senator Arthenia Joyner was awarded the Chairman Leadership Award at the 2016 annual meeting.

Carlos Childs- Youth Care Worker of the Year 2016
Family Resources- St. Petersburg

Jason Kasten- Youth Care Worker of the Year 2016
Arnette House- Ocala

Stepheny Durham- Manager of the Year 2016
Youth Crisis Center- Jacksonville

Abraham Greene- Counselor of the Year 2016
Urban League of Palm Beach County- West Palm Beach

Amber Minton- Counselor of the Year 2016
Orange County Youth and Family Services- Orlando

David Ulloa- Networker of the Year 2016
Arnette House- Ocala

"Family Place" Capital City Youth Services- Program of the Year 2016
Tallahassee

Andrew Coble- Network Executive of the Year 2016
Youth and Family Alternatives- New Port Richey

Nehemiah Educational and Economic Development, Inc.- Agency of the Year 2016
Orlando

Youth Crisis Center- Agency of the Year 2016
Jacksonville

Senator Arthenia Joyner- Chairman's Leadership Award 2016

Senator Joe Negron- Legislator of the Year 2016

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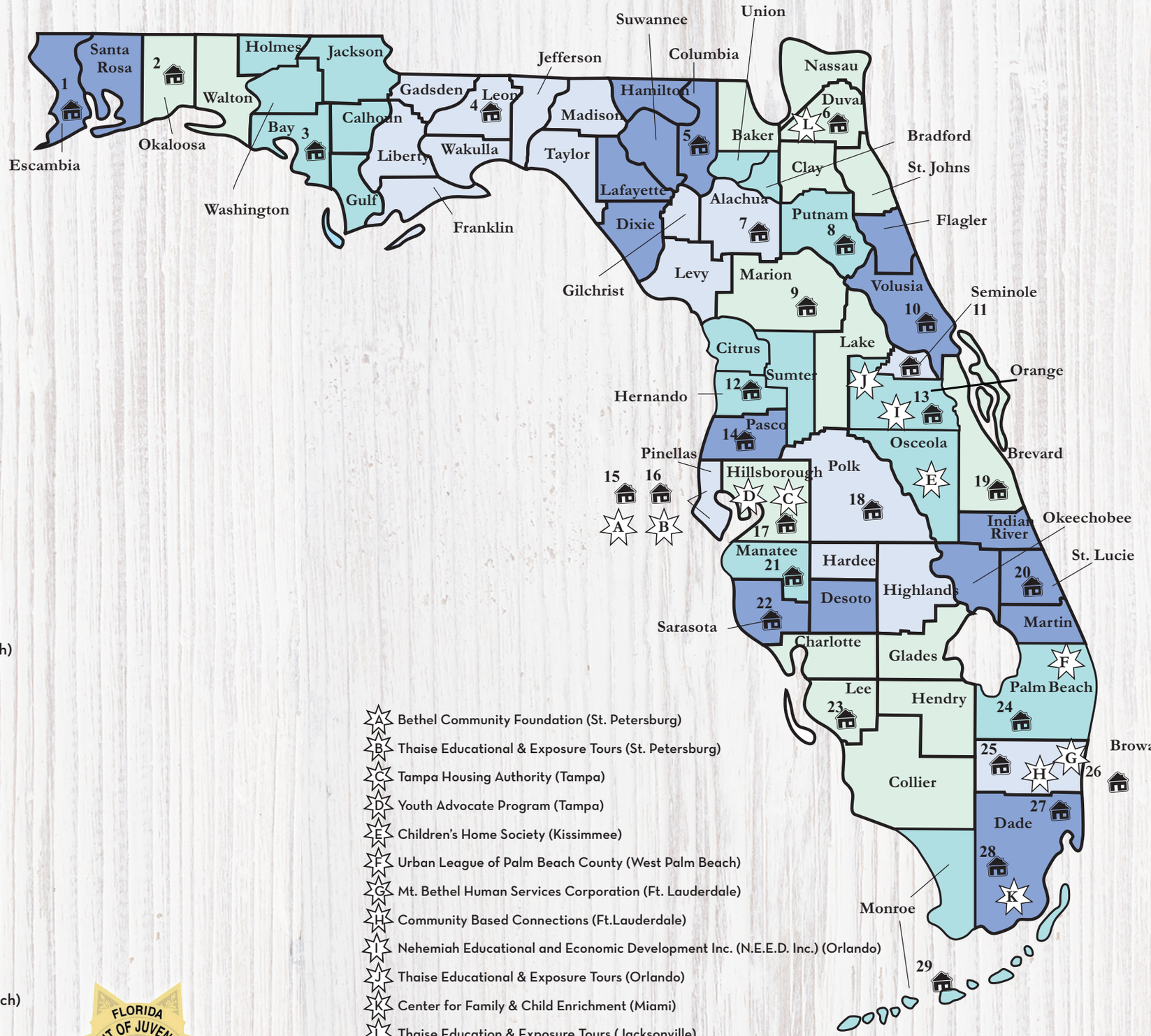
FLORIDA NETWORK PROGRAMS 2015-2016

1. Lutheran Services of Florida, Currie House (Pensacola)
2. Lutheran Services of Florida, Hope House (Crestview)
3. Anchorage Children's Home, Hidle House (Panama City)
4. Capital City Youth Services, Some Place Else (Tallahassee)
5. CDS Behavioral, Interface Northwest (Lake City)
6. Youth Crisis Center (Jacksonville)
7. CDS Behavioral, Interface Central (Gainesville)
8. CDS Behavioral, Interface East (Palatka)
9. Arnette House (Ocala)
10. Stewart Marchman Behavioral Healthcare, Beach House (Daytona Beach)
11. Boys Town Central Florida, Inc. (Oviedo)
12. Youth & Family Alternatives, New Beginnings (Brooksville)
13. Orange County Youth & Family Services (Orlando)
14. Youth & Family Alternatives, RAP House (New Port Richey)
15. Family Resources, SafePlace2B (St. Petersburg)
16. Family Resources, SafePlace2B (Clearwater)
17. Hillsborough County Children's Services, Haven Poe (Tampa)
18. Youth & Family Alternatives, George W. Harris (Bartow)
19. Crosswinds Youth Services, Crosswinds (Cocoa)
20. Children's Home Society, Wave C.R.E.S.T. (Ft. Pierce)
21. Family Resources, SafePlace2B (Bradenton)
22. YMCA Children, Youth and Family Services, Sarasota YMCA (Sarasota)
23. Lutheran Services of Florida, Oasis Youth Shelter (Ft. Myers)
24. Children's Home Society, Safe Harbor Runaway Shelter (West Palm Beach)
25. Lutheran Services of Florida, Lippman Youth Shelter (Oakland Park)
26. Chrysalis Health, Crescent House, Boys only (Broward)
27. Miami Bridge Youth & Family Services, Central Dade (Miami)
28. Miami Bridge Youth & Family Services, Homestead/South Dade (Miami)
29. Florida Keys Children's Shelter (Tavernier)*Staff Secure Shelters



- A. Bethel Community Foundation (St. Petersburg)
- B. Thaise Educational & Exposure Tours (St. Petersburg)
- C. Tampa Housing Authority (Tampa)
- D. Youth Advocate Program (Tampa)
- E. Children's Home Society (Kissimmee)
- F. Urban League of Palm Beach County (West Palm Beach)
- G. Mt. Bethel Human Services Corporation (Ft. Lauderdale)
- H. Community Based Connections (Ft.Lauderdale)
- I. Nehemiah Educational and Economic Development Inc. (N.E.E.D. Inc.) (Orlando)
- J. Thaise Educational & Exposure Tours (Orlando)
- K. Center for Family & Child Enrichment (Miami)
- L. Thaise Education & Exposure Tours (Jacksonville)

Nonresidential

Full Service Agencies

SAFE PLACE

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FLORIDA
DEPARTMENT OF JUVENILE JUSTICE

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