

Florida Network of Youth and Family Services Quality Improvement Program Report

Review of Bethel Community Foundation Non-Residential Program on June 28, 2016

Compliance Monitoring Services Provided by





CINS/FINS Rating Profile

Standard 1: Management Accountability

1.01 Background Screening	Satisfactory
1.02 Provision of an Abuse Free Environment	Satisfactory
1.03 Incident Reporting	Satisfactory
1.04 Training Requirements	Satisfactory
1.05 Analyzing and Reporting Information	Satisfactory
1.06 Client Transportation	No rating
1.07 Outreach Services	No rating

Percent of indicators rated Satisfactory: 100.00% Percent of indicators rated Limited: 0.00% Percent of indicators rated Failed: 0.00%

Standard 2: Intervention and Case Management

2.01 Screening and Intake	Satisfactory
2.02 Needs Assessment	Satisfactory
2.03 Case/Service Plan	Satisfactory
2.04 Case Management & Service Delivery	Satisfactory
2.05 Counseling Services	Satisfactory
2.06 Adjudication/Petition Process	Satisfactory
2.07 Youth Records	Satisfactory

Percent of indicators rated Satisfactory: 100.00% Percent of indicators rated Limited: 0.00% Percent of indicators rated Failed: 0.00%

Overall Rating Summary

Percent of indicators rated Satisfactory: **100%**Percent of indicators rated Limited: 0.00%
Percent of indicators rated Failed: 0.00%

Rating Definitions

Ratings were assigned to each indicator by the review team using the following definitions:

Satisfactory Compliance	No exceptions to the requirements of the indicator; limited, unintentional, and/or non-systemic exceptions that do not result in reduced or substandard service delivery; or exceptions with corrective action already applied and demonstrated.
Limited Compliance	Exceptions to the requirements of the indicator that result in the interruption of service delivery, and typically require oversight by management to address the issues systemically.



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Failed Compliance	The absence of a component(s) essential to the requirements of the
	indicator that typically requires immediate follow-up and response to
	remediate the issue and ensure service delivery.

Review Team

<u>Members</u>

Keith Carr, Lead Reviewer, Principal Consultant-Forefront LLC



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Methodology

This review was conducted in accordance with FDJJ-1720 (Quality Assurance Policy and Procedures), and focused on the areas of (1) Management Accountability and (2) Intervention and Case Management—which are included in the Children/Families in Need of Services (CINS/FINS) Standards (July 2015).

Persons Interviewed			
☑ Program Director☐ DJJ Monitor☐ DHA or designee☐ DMHA or designee	2 # Case Managers# Clinical Staff# Food Service Personnel# Healthcare Staff	# Maintenance Personnel # Program Supervisors # Other (listed by title):	
	Documents Reviewed		
 Accreditation Reports Affidavit of Good Moral Character CCC Reports Confinement Reports Continuity of Operation Plan Contract Monitoring Reports Contract Scope of Services Egress Plans Escape Notification/Logs Exposure Control Plan Fire Drill Log Fire Inspection Report 	 ☑ Fire Prevention Plan ☑ Grievance Process/Records ☐ Key Control Log ☐ Logbooks ☐ Medical and Mental Health Alerts ☐ PAR Reports ☐ Precautionary Observation Logs ☐ Program Schedules ☐ Sick Call Logs ☒ Supplemental Contracts ☒ Table of Organization ☐ Telephone Logs 	□ Vehicle Inspection Reports □ Visitation Logs ☑ Youth Handbook ② # Health Records ③ # MH/SA Records ③ # Personnel /Volunteer Records ① # Training Records/CORE ⑦ # Youth Records (Closed) ① # Youth Records (Open) □ # Other:	
	Surveys		
<u>0</u> # Youth	3 # Direct Care Staff	<u>0</u> # Other:	
	Observations During Review		
☐ Admissions ☐ Confinement ☑ Facility and Grounds ☑ First Aid Kit(s) ☐ Group ☐ Meals ☐ Medical Clinic ☐ Medication Administration	 ☑ Posting of Abuse Hotline ☐ Program Activities ☐ Recreation ☐ Searches ☐ Security Video Tapes ☐ Sick Call ☐ Social Skill Modeling by Staff ☐ Staff Interactions with Youth 	Staff Supervision of Youth Tool Inventory and Storage Toxic Item Inventory and Storage Transition/Exit Conferences Treatment Team Meetings Use of Mechanical Restraints Youth Movement and Counts	
Comments			

Items not marked were either not applicable or not available for review



Strengths and Innovative Approaches

Rating Narrative

Bethel Community Foundation (BCF) operates four (4) programs from its St. Petersburg location: 1) Children In Need of Services / Families In Need of Services (CINS/FINS); 2) Truancy Intervention Program Services (TIPS); 3) Private School for elementary to middle school youth; and 4) Pre-School for children ages one through five. The agency uses in-house educational resources that are immediately accessible to parents during the intake assessment process for children ages one through eighteen. The K-12 school that is operated onsite offers a small, private educational setting and to some an alternative for youth that have dropped out or do not want to attend public school. Scholarships available to parents include Mckay and Step-up for students. For the Pre-School, Coordinated Child Care Scholarships are available. Mr. James Myles is the Executive Director of the BCF agency.

The TIPS program, funded in 2011 through Pinellas County's Juvenile Welfare Board Children's Services Council, is now completing the sixth year of services to youth that skip school and are picked up by police officers. On arrival at BCF, youth undergo a comprehensive screening and assessment including substance abuse and suicide risk screenings. Law enforcement officer truant referrals totaled 117 amounted to 68 (45%) of 150 CINS/FINS program eligible enrollees for FY 15-16.

The BCF agency provides vital support services that continue to include anger management, female life skills, manhood development, parent/youth family training, mentoring, parent coaching, mental health assessments, and individual/family counseling offered now by three (3) licensed therapists (LCSW-1, LMHC-2) and one (1) PHD counselor. Counseling and life skills classes are on Monday – Thursday until 8:00pm. The newest class, family training for pre-teens, titled: "Building a Positive Identity" was developed to work with parents/grandparents of children ages six through eleven who are experiencing non-compliant behaviors at school and home.

Gender specific classes, including Manhood Development and Female Life Skills are now using the evidenced based "Why Try" curriculum. Five (5) staff including the Program Director, two (2) Truancy Navigators and two (2) counselors have completed a combined ninety (93) hours of "Why Try" training. Implementation of training in BCF CINS/FINS components is outlined below.

Effective the week of April 2016, the Why Try Program was fully integrated as the foundation for our gender specific life skills classes, including Manhood Development and Female Life skills. The ten (10) Visual Analogies have been packaged to provide eight (8) 90-minute instructional units for the 12-hour evening classes. The Why Try



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gender classes are being taught by our CINS/FINS Truancy Navigators, Ms. Shaw and Mr. Riggins.

The BCF agency has a mentoring program. BCF Navigators use Visual Analogies in their mentoring activities during weekly school visits. Of particular note is the positive reception and relationship connection achieved with use of the visual analogies in the one-to-one meetings with students. BCF also delivers Anger Management classes. The instructor for Anger Management, Zaneta Ellison, LMHC has only recently been trained with "Why Try" and BCF is currently developing plans for incorporating "Why Try" strategies in their joint parent/youth anger management training.



Standard 1: Management Accountability

Overview

Narrative

Bethel Community Foundation's non-residential CINS/FINS program is staffed by one Executive Director, 2 Administrative Assistants, one Clerk, 2 Navigators, 3 Therapists and one Family Counselor.

Level 2 background screening is mandatory for employees and volunteers, working with direct access to youth, to guarantee they meet statutory requirements of good moral character as required in s.435.05, F.S. Two members were background screened and hired during 2015. There were no applicable 5-year re-screenings for the review period.

The primary goal of CINS/FINS program is to provide services to pre-delinquent youth and their families in an effort to prevent entry into the Juvenile Justice System. Staff training ensures that staff assigned to the program has the proper credentials to perform their job responsibilities. Program orientation and training is an essential component of this effort. Staff are trained to conduct screening and assessment services to eligible youth and families. Individual training records are maintained in a binder for each staff that includes: training plan, individual certificates, and training hours. The provider utilizes a variety of sources for training such as the FN and local providers.

In addition to attending the local DJJ Circuit Meetings, the provider's case management staff conducts outreach activities. Outreach activities are entered into NetMIS.



1.01	Backgi	ound	Scree	nina
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iio i zaong. cama corcon	9	
⊠Satisfactory	□ Limited	□Failed
Rating Narrative		
process taken by the agent indicator. The provider has status for all new hires. Le volunteers working with die	ncy to meet the requirement is a policy that includes verifulved 2 background screening rect access to client informations.	reening that list the measures and s of the Background Screening ication of the driver's license is mandatory for employees and ation and youth. The agency's ry 5 years from the original hire
staffed by ten (10) staff incone Clerk, 2 Navigators, 3	cluding one Executive Direc Therapists and one Family	S/FINS program is currently tor, 2 Administrative Assistants, Counselor. Two staff were hired eared before the date of hire.
•	e Annual Affidavit of Good N it prior to the January 31, 2	
Exceptions		
No exceptions noted in the	e indicator.	

1.02 Provision of an Abuse Free Environment

⊠Satisfactory	□ Limited	□Failed

Rating Narrative

The program has a detailed policy that lists the measures and process taken by the agency to meet the requirements of the Provision of An Abuse Free Environment Indicator. The provider has a policy that includes the employee handbook; Code of Conduct; Abuse Reporting; Grievances and Incident Reporting.

The program maintains a written protocol for reporting abuse and incidents in which all staff are trained on during their initial new employee orientation. The Abuse Hotline number, rights and responsibilities, and grievance procedures are provided in writing to all employees and staff persons during their initial training.



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There was one recorded grievance against a staff member by a client's mother within the fiscal year. The grievance was recorded and fully investigated. The mother did ere

withdraw the client from t was put into place agains provided.	. •	•	
Exceptions			
No exceptions noted in the	ne indicator.		
1.03 Incident Reporting			
⊠Satisfactory	□ Limited	□Failed	□Not Applicable
Rating Narrative			
The agency has a policy taken by the agency to mandicator.			•
A review of the current poincludes written procedur CCC with incidents that r general requirement of the	res to address the steps meet the reporting requ	s required to official irements. The poli	ally contact the DJJ cy does meet the
The agency did report on incident was according to falsification violation of posubstantiate parent's con	o the grievance that was olicy rules. Agency inve	s filed with the procestigation was unab	gram. It was ble to completely
Exceptions			
No exceptions are noted	for this indicator.		
1.04 Training Requirem	ents		
⊠Satisfactory	☐ Limited	□Failed	

Rating Narrative

The agency has policies and procedures in place to address the training requirements for all staff members of the CINS/FINS program. The current policy requires that all staff



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members complete a total of eighty (80) training hours for new hires and twenty-four (24) hours for on-going staff members. The policy requires that the agency include all of the mandatory and recommended topics for first year and on-going employees/contractors.

An individual training file is in place for all staff members. The file includes documentation of a full training log record by the staff member's training year. The training files includes a general training plan and training log.

The agency has records of all completed trainings in each member file. Seven of the ten staff members' training files reviewed exceeded the minimum of twenty-four hours for non-residential programs. One administrative ongoing staff member met the nonresidential training requirement. One first year member exceeded the 80 hour requirement. Though, this member did not participate in Professional Ethics. And another first year staff member's orientation training log did not have an itemized log (not noting the number of hours required for each training). This particular member (first year) also did not train on the required CINS/FINS Core, Crisis Intervention and Professional Ethics.

Exceptions

One staff member's orientation training log did not have an itemized log (not noting the number of hours required for each training). This particular member (first year) also did not train on the required CINS/FINS Core, Crisis Intervention and Professional Ethics. Another first year member did not participate in the required Professional Ethics training.

1.05 Analyzing and Reporting Information			
⊠Satisfactory	☐ Limited	□Failed	
Rating Narrative			

The program has a policy on Analyzing and Reporting Information that meets the general requirements of this indicator. The current process includes measures of information collection that includes weekly reviews of the individual client cases. The agency reviews screenings, intakes, assessments, service plans, and case status reports. There is no evidence that the agency conducts monthly reviews of its FL Network monthly data extracts and monthly outcome data. Further, the CINS/FINS Program staff also obtains client satisfaction surveys at discharge and enters this information in the FL Network Management Information Systems.



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The agency convenes staff on a weekly basis to review accuracy and completion of client case records and service delivery trends and major developments. The Navigators leads this process; ensuring all aspects of the file (e.g. service plans, sessions, contacts and satisfaction surveys) are present and completed.

Exception

There is no evidence that the agency conducts monthly reviews of its FL Network monthly data extracts and monthly outcome data.

1.06 Client Transportation	on		
□Satisfactory	□ Limited	□Failed	⊠Not Rated
Rating Narrative			
agency's Operating Manua done only through the Bet transportation roster is to I	P to address client transporal. The policy specifies the the local Community Baptist Chube completed thoroughly with the property phone #, destinations.	transportation Irch van. Proc th the followin	of clients must be edures clarify the van g: client name,
The policy addresses the ratios of passengers to driver (at least 2:1). The use of private vehicle for single client is permissible only through approval of agency director. Staff must text Director the time upon arrival at each destination point in the trip.			
Exception			
The policy does not specif insurance coverage.	y approved drivers and the	status of their	license and
1.07 Outreach Services			
□Satisfactory	□ Limited	□Failed	⊠Not Rated
Rating Narrative			
The agency has a detailed	l Outreach Targeting Plan t	hat address th	ne requirements of

this indicator. The current plan is inclusive of high crime zip code areas and local area low performing schools. Staff promote awareness of its program and services through

outreach events and activities in the service area.



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The program has established collaborative interagency agreements with various organizations in the community to promote CINS/FINS services. These agreements were provided for review on-site.

The agency Executive Director is designated to participate in DJJ Circuit Board meetings. The agency provided documentation of participation in the outreach event log and Board meetings. The documentation were reviewed on-site.

Exceptions

None are documented for this indicator.



Standard 2: Intervention and Case Management

Overview

Rating Narrative

Bethel Community Foundation is contracted with the Florida Network of Youth and Families to provide non-residential CINS/FINS services for youth and their families in Pinellas County. The program provides centralized intake and screening during office hours Monday – Friday and accepts referrals from local schools, parents/guardians, and local community organizations. Trained staff are available to determine the needs of the family and youth. In addition to screening and assessment, case management, group education, and anger management, female life skills, manhood development, parent/youth family training, mentoring and parent coaching are also offered.

The CINS/FINS program consists of a Program Supervisor and two fulltime Case Managers. The three (3) licensed therapists, one (1) counselor and two navigators are responsible for completing assessments, developing case plans, providing case management services, and linking youth and families to community services.

As needed, BCF coordinates the Case Staffing Committee, a statutorily-mandated committee that develops a treatment plan for habitual truancy, lockout, ungovernable, and runaway youth when all other services have been exhausted or upon request from the parents/guardians. In the last six months, there were three case staffings events.

During the QI review, 8 client files were reviewed (1 open and 7 closed cases).

2.01	Screeni	ng and	Intake

⊠Satisfactory	□ Limited	□Failed

Rating Narrative

The agency has a detailed policy on Screening and Intake services. A review of the policy was conducted on site and determined that the policy meets the general requirements of the indicator. The reviewer selected a total of eight (8) active and closed client case files that the provider assisted in the last six (6) months. The following findings were noted:

- All 8 files met criteria for having eligible screening days within 7 calendar days.
- All 8 client files contained evidence that the youth and/or parents/guardian received documentation of service options, rights and responsibilities and all brochures. This was noted on all 8 CINS/FINS acknowledgment forms.
- All files reviewed had evidence that the youth and parent/guardians received notification of the agency Grievance procedures.

Exceptions:

No exceptions are documented for this indicator.

2.02 Needs Assessments

⊠Satisfactory	□ Limited	□Failed
5 1		

Rating Narrative

The agency has a detailed policy on the execution of Needs Assessments. A review of the policy was conducted on site and determined that the policy meets the general requirements of the indicator. The reviewer selected a combination of eight (8) active and closed client case files that were serviced by the provider in the last six (6) months. The following findings were noted:

- Seven client files met the criteria for initiating a needs assessment within the appropriate timeframe.
- Documentation of a completed Needs Assessments was confirmed and completed in less than the 2/3 day face-to-face contacts. All Needs Assessments were completed during the initial Intake session.



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- Needs assessments were completed by a Bachelor's or Master's level staff.
- All signatures were located on Need Assessment documents.
- When applicable, all youth with self-harm or suicide ideation background histories were noted on needs assessment document. None were applicable in this sample. One youth indicated positive for substance abuse. Referral was made and follow-up was completed.

Exception

One case file did not have the Needs Assessment document. Staff members could not produce the document.

2.03 Case/Service Plan		
⊠Satisfactory	□ Limited	□Failed
Poting Norrotivo		

Rating Narrative

The agency has a detailed policy on the execution of the Case Service Plan. A review of the policy was conducted on site and determined that the policy meets the general requirements of the indicator. The reviewer selected a combination of eight (8) active and closed client case files that were serviced by the provider in the last six (6) months. The following findings were noted:

- Seven client case/service plans were developed within the first 7 working days of the Needs Assessment.
- All 8 client case/service plans were individualized to fit the youth's needs including presenting problems, existing risks, past history and CINS/FINS eligibility criteria.
- All target dates, frequencies and locations were on all 8 case/service plans.
- Documented evidence of all required signatures were found in all 8 client case files.
- All 8 client case files had documentation that the service plan was initiated as required.
- All 8 client case files contained case notes stating they conversed with youth and/or parent regarding the case/service plan. All case/service plans has



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documented 30/60/90-day plan reviews focused on the reason for referral, presenting problems and risks found during the completion of the Needs Assessment process. Documentation found in case notes explain origin, status and progress of interaction and services delivered to youth and family and corresponds with the case/service plan reviews.

Exception

One Needs Assessment document could not be found, therefore it cannot be determined if the service plan was developed within seven working days of its creation.

2.04 Case Management and Service Delivery			
⊠Satisfactory	□ Limited	□Failed	
Pating Narrative			

Rating Narrative

The agency has a detailed policy on the execution of its Case Management and Service Delivery component. A review of the policy was conducted on site and determined that the policy meets the general requirements of the Case Management/Service Delivery indicator. The reviewer selected a random sample of eight (8) active and closed client case files that were serviced by the provider in the last six (6) months. The following findings were noted:

- All 8 client case files had a specifically assigned Counselor/Therapist.
- A review of each referral plan was conducted. The agency did make referrals for additional services as needed.
- Evidence of tracking were found in the 3 cases that had outside referrals to local community-based services. The tasks for the youth were checked off as completed.
- There were three case staffings documented in the last six months.
- All 8 client files contained evidence that the service plan was reviewed. The agency discharges cases as required.

Exceptions

No exceptions noted for this indicator.



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2.05 Counseling Services	2.05	Counse	elina :	Service	es
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⊠Satisfactory	□ Limited	□Failed

Rating Narrative

The agency has a detailed policy on Counseling Services. A review of the policy was conducted on site and determined that the policy meets the general requirements of the Counseling Services indicator. The reviewer selected a random sample of eight (8) active and closed client case files that were serviced by the provider in the last six (6) months. The following findings were noted:

- Almost all of the clients had documentation that they received the required counseling based on information documented in presenting problems, CINS/FINS eligibility criteria, needs assessment, executed service plan, service plan reviews, case management and necessary follow ups.
- All 8 client files follow strict confidentiality guidelines and laws.
- All 8 client files had key case file documents that were initiated in a timely manner. All 8 client files contain progress notes that are maintained in chronological order. These notes track progress and meeting status of each youth.
- All files (with the exception of one) had documentation that youth's presenting problems were addressed and noted in the following: Psychosocial Assessment, Initial Service Plan and Case Plan reviews.
- All 8 files contain case file information at each phase including detailed progress notes. The review of these notes indicates current status of youth, goal progress tracking and parent/guardian progress.
- The agency has a file review process that is conducted on a weekly basis.

Exceptions

No exceptions are documented for this indicator.

2.06 Adjudication / F	Petition Process		
⊠Satisfactory	□ Limited	□Failed	□Not Applicable
Rating Narrative			



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The agency has a detailed policy on Adjudication and Petition Process. A review of the policy was conducted on site and determined that the policy meets the general requirements of the Adjudication/Petition Process. The agency has Case Staffing procedures and teams with the local full-service provider as needed to meet all standards with the following: Committee Chair/Agency Program Manager, CINS/FINS Case Manager/Counselors, DJJ Attorney, and School Board Representative Truancy Officer or Social Worker involved with the youth.

There were three case staffings that were conducted for the last six months. The agency keeps an electronic document of case staffing for each family. The document includes a brief description of the presenting problems, the committee members involved and the recommendations. Recommendations were discussed with the family and all parties involved signed the document. All three cases resulted in 21 day shelter stays.

2.07 Youth Records		
⊠Satisfactory	☐ Limited	□Failed

Rating Narrative

- All 8 files had evidence of a "CONFIDENTIAL" stamp marked on the front of the client file.
- All records were maintained in a neat and orderly fashion and it was very easy to find needed information.
- All 8 client files contained a client file order sheet.
- The agency does not transport any client files.

Exceptions

No exceptions are documented for this indicator.